## You are getting ready to play in the snow? Dress appropriately!

We are in a northern country; we therefore recommend that you wear warm clothes. Dress in easy to remove layers. Don't forget to cover your fingers, toes and nose; they are more sensitive to the cold.



Padded gloves or waterproof mitts. Snow transforms into ice if they come into contact with human skin!



We suggest a thin hat under the helmet or a padded helmet for these sports. All our packages include a helmet.



Plan for a good pair of socks. Favour synthetic fibers and wool. Our shop offers a great variety.



A winter coat and snow pants are undeniably necessary when you spend the in the snow! A pair of jeans is not adequate;)